

Fresh Beauty Price List 2017

Soak off Gel Polish.....For natural nails



Shellac Power Polish

Offers tremendous SHINE, depth of colour and a perfect finish, along with up to 14-days of wear and excellent protection. Helps nails by adding a strong, yet thin coating, which is tough & resilient for flexible protection, which is also hypoallergenic.

Removed in minutes and causes no permanent damage to the natural nail. Daily application of nail oil is essential for nail health and longevity of wear.

Soak off Gel Polish – including The Gel Bottle and Gelish

Offers an alternative to those with nails not suitable for shellac or for harder wearing clients. The colours are different to shellac too, which means you should always find a colour to suit you.

Completely dry in seconds, guaranteed no smudges and dents!



Please note:- Gel manicures do not extend the natural nail

For Hands or Feet Hands include cuticle work, exfoliation and a relaxing massage. Feet include cuticle work, hard skin removal and foot lotion to complete the treatment.	Time up to	
Plain Colour	60minutes	£24.00
French/Rockstar/Glitter	75 minutes	£25.00

With nail art add 50p per nail or £3 per set

Soak off & re-application as above	Time up to	
Plain colour	90 minutes	£27.00
French/Rockstar/Glitter	90 minutes	£28.00

Removal of gel polish with full manicure /express pedicure	75 minutes	£19.50
Removal of gel polish with mini manicure/pedicure (no polish)	30 minutes	£10.00
Removal of gel applied at another salon	from	£12.00

Gel Nail Enhancements



Full set of nail extensions		£36.00
Rebalance		£32.00
Individual nail repair - During rebalance		£1.50
Individual nail repair - Separate appointment 15 minutes		£4.00
Removal of nail enhancements and reconditioning manicure		£25.00

***With nail art add 50p per nail or £3 per set, Nail jewels/Stickers charged at 20p each**

Please note we only remove/rebalance enhancements that have been applied at Fresh Beauty

Hands

Spa Manicure	45 minutes	£18.00
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This relaxing Manicure includes hand exfoliation and massage using the delicious aromas from the creative Almond and Citrus ranges. Nails will be filed to your desired shape and cuticles will be softened and tidied ready for nails to be painted with your choice of colour or French, from our extensive range of professional nail polish.



No Polish Manicure	30 minutes	£12.00
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All the benefits of the Spa Manicure but without the polish

Mini Manicure	30 minutes	£12.00
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Nails filed, cuticles tidied and polish of your choice to complete this express treatment. A huge selection of over 70 OPI and Artistic revolution colours available to choose from.



❖ Add on **Paraffin Wax** to any Manicure or pedicure for just £10 extra. Giving instant hydration and adding moisture to dry skin, also an excellent treatment for arthritic pain.

Hand and Foot Paraffin Wax Treatment	40 minutes	£24.00
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Instant hydration and repair for dry hands and feet.

Our paraffin wax treatment is a deep moisturising treatment for your feet. It's also an excellent option for clients suffering from arthritis pain, carpal tunnel and foot injuries.

This treatment consists of hand and foot exfoliation, paraffin wax application, followed by a luxurious hand and foot massage. (please note that polish and cuticle work is not included)

IBX natural nail treatment

IBX is the first treatment of its kind. This penetrative toughening system works inside the nail instead of sitting on top like traditional nail services.



With Gel Polish or any Manicure service		£5.00
As a stand-alone treatment	20 minutes	£10.00

he **IBX** application process is designed for ultimate penetration into the nail plate, offering professional help for weak and damaged nails. This intensive strengthening treatment works so you can build up length and durability, starting from the INSIDE OUT.



Picture shows before and after using IBX just once.

Feet

Luxury Spa Pedicure	75 minutes	£27.50
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Helps to reduce hard skin and calluses. Includes cuticle work, softening and removal of hard calloused skin, foot scrub, mask, and a relaxing massage of the foot & leg, and your choice of polish

Express Spa Pedicure	40 minutes	£18.50
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Relaxing soak, cut and file nails, tidy cuticles, smooth hard skin and lotion. Then we polish nails from our huge selection of polish choices



File and Re-paint Toes	30 minutes	£12.00
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Herbal Detox Foot Treatment	30 minutes	£22.00
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A blend of Herbal Extracts & Purifying Magnesium Sulfate Crystals, a 30 minute DetoXsoak treatment will help to:



- Sooth & Refresh
- Soften & Hydrate Dry Calluses
- Relax & Soothe Muscles
- Relieve Stress & Elevate Moods
- Flush toxins
- Increase circulation
- Reduce inflammation



A wonderful DetoXsoak in water for 15 minutes and a 15 minute DetoXsoak Somatology Massage with our Serum finishes the total rejuvenating service helping to de-stress, relax and refresh.

Why not add this treatment to an express pedicure for the ultimate in pedicure services!

Herbal Detox with Express Spa Pedicure	75 minutes	£36.00
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[Please remember to bring your sandals for any foot treatment requiring polish](#)

Lashes & Brows

Eyebrow trim - Wax or plucked		£6.50
Eyebrow trim & eyebrow tint		£9.00
Eyebrow trim & eyelash tint		£13.00
Eyelash tint		£11.00
Eye brow tint		£5.00
Eyelash & eyebrow tint		£13.00
Eyelash & brow tint & eyebrow trim		£16.00
Eyelash & brow tint & eyebrow trim, lip or chin wax		£20.00

A tint test is required 48 hours prior to tinting on your first visit to the salon or if you have not had a tint done at Fresh Beauty for 3 months or more.

Waxing

Using high quality strip wax and aftercare. Extra charge for non-strip wax applies

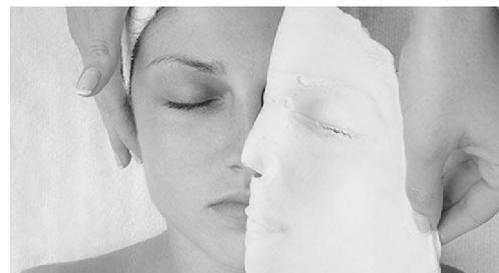
Half leg - lower leg to above knee		£14.00
Half leg and classic bikini		£20.00
Three quarter leg – lower leg to mid-thigh		£16.00
Three quarter leg and classic bikini		£22.00
Full leg - whole leg to knicker line		£20.00
Full leg & classic bikini line		£25.00
Full leg & high bikini line/abdomen		£26.00
Classic Bikini (knicker line)		£7.50
High bikini line/abdomen		£10.00
Under arm		£7.00
Under arm & Bikini		£13.00
Forearms		£10.00
Full arm		£14.00
Full arm and underarm		£18.00
Lip		£5.50
Chin		£5.50
Lip & chin		£9.00
Eyebrows		£6.50
Eyebrows & Lip		£9.00
Eyebrows, Lip & Chin		£13.50
Eyebrows, Lip, Chin & Cheeks		£15.00
Back wax	from	£16.00
Chest wax	from	£16.00

Intimate waxing Using Waxperts (non-strip) wax for delicate areas



Hollywood .. All hair from the pubic area and bottom is removed		£27.00
Brazilian A strip of hair is left at the front, all other hair is removed		£25.00
Thong A high leg wax leaving a thin strip from front to back		£18.00
Bottom Hair is removed from the bottom including inner cheeks		£15.00

Please state which bikini wax treatment is required when booking to ensure enough time is allowed



FACIAL TREATMENTS WITH ENVIRON

Application of active vitamins makes the deeper layers of the skin thicker, healthier and more beautiful. Environ treatment facials give a younger looking, finer textured, firmer skin. They are designed to benefit all skin types – including the most sensitive.

The process of promoting healthy cell renewal is particularly beneficial to sun-damaged, dry, scarred and pigmented skins. There are also ultra-light peeling treatments for problem skin and thickened, photo-damaged skins. Specialised treatments for lines or for skin hydration are also available.

A combination of pulsed galvanic current (iontophoresis) and low frequency sound waves (sonophoresis) are used to enhance the penetration of the essential ingredients by up to 40 times compared with manual application. Treatment with vitamins A and C works on the skin in the opposite way to peeling, laser resurfacing or dermabrasion (which can make skin thinner).

A 15-minute facial massage can be added to any facial for just £10

Collagen Power Facial

Collagen Power Facial .. 3 specific areas	1 hour	£45.00
Collagen Power Facial .. 10 areas including décolletage	90 minutes	£70.00
Express Collagen Power Facial	30 minutes	£30.00

This peptide-packed facial helps to boost collagen, soften fine lines and tighten lax skin, resulting in a more youthful appearance. Ideal for targeting mature or photo-damaged complexions. The treatment uses gentle sound waves to drive a special nutrient packed serum deep into the lower layers of the skin. The formula contains a unique combination of three peptide complexes* which work in synergy to give skin a plumper, more radiant appearance.

- ❖ Creates plumper, radiant skin
- ❖ Refines uneven texture
- ❖ Softens fine lines
- ❖ Deeply hydrates
- ❖ Tightens lax skin
- ❖ Creates a more youthful appearance



Hydra-Boost Facial

Hydra-Boost Treatment Facial .. price includes serum to take home	1 hour	£79.00
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The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates while plumping and firming the skin. Based on Hyaluronic Acid, which holds 1000 times its own weight in water, it helps to reduce fine lines caused by dehydration and increase the plumpness of the dermis, resulting in moisturised, glowing skin.

Active Vitamin Facial

Active Vitamin Facial .. 3 areas	1 hour	£44.00
Advanced Active Vitamin Facial .. 10 areas including décolletage	90 minutes	£66.00

Packed with nourishing, anti-ageing ingredients, these Active Vitamin Treatments will leave your skin looking radiant and dewy. The freshest, most active forms of vitamin A, C and antioxidants are driven deep into the lower layers of the skin using soundwaves and small electrical pulses. This scientific approach stimulates collagen to soften lines and improve elasticity, increase hydration and boost radiance. The Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun-damage, pigmentation, premature ageing, dryness, uneven skin tone and scarring with noticeable differences after just one session.

Express Active Vitamin Facial	30 minutes	£28.00
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This time effective treatment targets specific areas of concern using sonophoresis which ensures effective results. Perfect for when your time is limited.

Purifying Facial

Environ Purifying Facial	40 minutes	£35.00
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Created to purify, micro-exfoliate and re-hydrate your skin, this particular treatment assists with the treatment of acne, scarring and deep skin congestion. The combination of scientifically advanced products and techniques revives and refreshes your skin, leaving your skin feeling like new.

Cool Peel Facial..... Course of 6 (includes free Moisturiser)	1 hour x 6	£270.00
Cool Peel Facial..... Single 1 hour treatment (Maintenance after course)	1 hour	£45.00

This revolutionary approach to peeling achieves incredible results without damaging the skin. Low strength lactic acid is used to reduce the skin's pH and trigger the release of growth factors, which helps create tighter, smoother skin. It destroys bacteria, boosts hydration and removes the build-up of dead skin cells, helping to decongest the surface and smooth its texture. The Cool Peel is ideal for clients with lines and wrinkles, uneven texture or problem skin, sun damage and rosacea. For best results a course of one peel a week for six weeks is recommended.

Non-Machine Environ Facial

Environ Facial (non-machine) with massage	1 hour	£36.00
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Not everyone is able or wants to have a machine based facial, so with that in mind I have developed this manual facial which is based around lots of massage. Giving an extremely relaxing treatment which is also specific to your own personal skin requirements. This facial includes gentle exfoliation, massage and masque, as well as cleansing, toning, eye gel and skin specific serums, completed by the application of our vitamin A moisturiser. 1 hour



Home Care from Environ Outstanding results for all skin types and all ages.

Environ is a unique, cosmeceutical range of products packed with active ingredients, vitamins and anti-oxidants. Environ offers real, scientifically-proven results for naturally beautiful, glowing skin. We recommend that clients invest in the homecare range to maintain and prolong results after a treatment.

Our AVST and Ionzyme ranges are based on a unique step-up programme which allows the skin to gradually acclimatise to progressively higher levels of vitamin A, resulting in a plumper, younger looking complexion. Formulated by Dr Des Fernandes, a world-renowned plastic surgeon, the range contains a unique combination of active ingredients to protect the skin from environmental aggressors and combat the signs of ageing. Our aim is to provide long-term health of the skin rather than a quick, temporary fix.

Scientifically proven, active ingredients

- Vitamin A – normalises the skin by repairing DNA, improving collagen and elastin while helping to control pigmentation and oil production
- Vitamin C – improves skin elasticity, mops up free radicals and brightens the complexion
- A powerful brigade of antioxidants - beta-carotene, green tea, rooibos tea and honeybush extract neutralise the effects of free radical damage caused by light, pollutants and stress
- Resveratrol – combats the visible signs of ageing
- Peptides – stimulate collagen and elastin production
- Panthenol – hydrates and heals
- Growth factors – thicken the epidermis and
- enhance the effects of vitamin A

The Advanced Nutrition Programme Supplements

Beautiful Skin Starts from Within

The process of ageing starts from within, so feeding your skin with the right nutrients is just as important as what you apply topically. Creams and lotions play a role, but they can only reach so far.

Our Advanced Nutrition Programme is the first step in an effective skincare routine. The scientific formulas target specific skin concerns and support overall skin health.



Clear, Flawless Skin Naturally with Skin ACCUMAX™

Here are some of the fantastic results that have been achieved with Skin AccuMax™. None of these images have been retouched.





Eve Taylor Aromatherapy Facials

Eve Taylor is a skincare range based on unique essential oil blends, which offer problem specific solutions to suit your skins needs. All facials include exfoliation, massage and masque, as well as cleansing, toning, eye gel and skin specific serum, completed by the application of moisturiser.

Blissful Eve Taylor Facial	55 minutes	£32.00
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This Treatment is all about relaxation, you can lay back and enjoy a treatment with lots of hands on massage to your scalp, face neck and shoulders. Aromatherapy products are selected to cleanse and gently exfoliate to prepare the skin ready to absorb aromatic essential oils and luxurious facial masques. Skin is left replenished, hydrated and protected. With optional steam and blackhead extractions if required.



Eve Taylor Express Facial	40 minutes	£22.00
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A shorter version of the Blissful facial for those who want a brighter looking skin, but with less time available.

Eve Taylor Intensive Facial	70 minutes	£37.00
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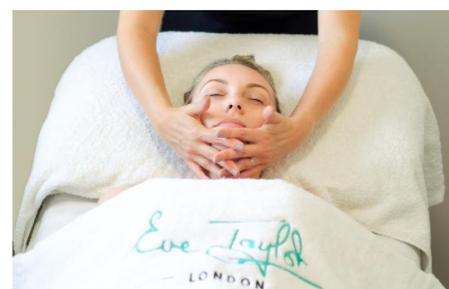
Taking your skincare one step further this treatment uses specially formulated setting masques which are excellent for skin types which are:

- Dull, lifeless
- Dehydrated
- Sun damaged with pigmentation
- Sensitive
- Ageing

Including a masque especially for the delicate eye area and using potent aromatic essential oil blends and powerful targeted serums this treatment will leave you skin glowing. 65 mins

Steam and Squeeze (black head removal) Facial	35 minutes	£22.00
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A very deep cleansing facial which is great for those with a congested skin suffering with lots of blackheads. Includes a treatment masque for your specific skin type.



Swedish Massage

A combination of massage techniques to suit your needs. You will feel rejuvenated & relaxed following the massage, which uses Eve Taylor rich and luxurious aromatic massage oils.



Back, Neck & Shoulder Massage Excellent for stress and tension in the neck and shoulder area.	30 minutes	£19.50
Back of Body Massage Massage to the backs of the legs as well as the back neck and shoulders.	40 minutes	£24.00
Back, neck Face & scalp A relaxing massage of the back, neck, face and scalp. This treatment will leave oils in the hair.	45 minutes	£26.00
Full Body Massage Back neck & shoulders, legs, arms, chest & stomach.	60 minutes	£32.00
Full Body and Scalp Massage Relaxing Full Body Massage also includes massage of the scalp, which is designed to calm and relax	75 minutes	£35.00

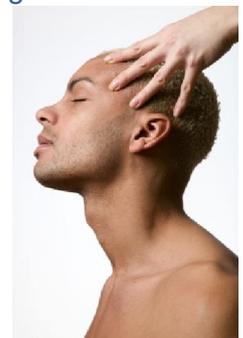
Indian Head Massage

Indian Head Massage is an excellent treatment to de-stress, it involves massage and acupressure techniques manipulating the soft tissues on the upper back, shoulders, neck, scalp and face. Performed seated using a relaxing blend of organic oils, the effect is not just physical: it works on an emotional level too, calming the mind, promoting relaxation and relieving stress.

Indian Head Massage	30 minute	£19.50
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Some of the immediate benefits that you can experience from regular Indian Head Massage:

- *Reduction of tension in neck, scalp, face and jaw
- *Helps eyestrain, nasal congestion and ear-ache
- *Relief from headaches, sinusitis and tinnitus
- *Release of fibrous adhesions, knots and nodules
- *Improved mobility in the upper back and shoulders
- *Stronger immune system helping to fight illness
- *Nourished scalp, encouraging strong, healthy hair
- *Improved circulation
- *Better lymphatic drainage, and removal of toxins
- *Relief from stress and anxiety



Blissful Back Treatment

Blissful Back Treatment	60 minutes	£33.00
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After choosing the aroma of your choice your back will be cleansed then exfoliated with a sugar body scrub to deeply cleanse and exfoliate, this will be followed with our Swedish back, neck & shoulder massage. Then you can relax with a hydrating masque and for total relaxation your feet and legs will be massaged while the masque works its magic. Finished with deeply hydrating body butter. Mmmm

Legs, Bum and Tum Detox Treatment

Legs, Bum and Tum Detox Treatment	60 minutes	£35.00
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Flush and cleanse the “lazy areas” of the body with this detoxing treatment. Combining expert massage techniques with our blend of pure essential oils specifically formulated to warm, stimulate and eliminate toxins leaving the skin smoother, fresher and more vibrant. A cooling body mask is smoothed over the area to infuse natural botanicals for enhanced results.

Book and pay for a course of 6 treatments and receive a Specifics 302 and Cellu-lose Contour Cream free.

Packages

Basic Holiday package .. Eyelash tint, eyebrow wax, full leg wax, bikini and underarm wax.	75 minutes	£42.00
Complete Holiday Package .. Eyelash tint, eyebrow shape, full leg wax, bikini and under arm wax. Spa manicure, express spa pedicure	3 hours	£78.00
Total Relaxation Package .. Spa manicure, luxury spa pedicure, Blissful Eve Taylor facial and back, neck & shoulder massage.	3 hours, 40 minutes	£88.00
Total Relaxation Shellac/gel package .. Shellac or gel polish manicure & pedicure, Blissful Eve Taylor facial and back, neck & shoulder massage.	3 hours, 40 minutes	£95.00

* A tint test is required 48 hours prior to tinting

please wear sandals or flip flops to protect nail polish for packages including a pedicure.



Make-up

Using Jane Iredale 100% pure mineral cosmetics

Consultation and Make-up .. Have your make-up professionally applied to look dazzling for that special occasion	45 minutes	£32.00
Bridal Make-up - with trial .. Full consultation, with practice make-up and make-up on the day, applied in the salon.	2 at 45 minutes	£60.00
Luxury Bridal Package .. Gel Polish manicure and pedicure and bridal make-up as above.	3 hours + 45 minutes	£105.00
Prom night make-up for teenagers	40 minutes	£30.00

We stock a large selection of retail items for you to continue your treatments at home

Gift Vouchers available for the perfect gift

Cancellations

Please give at least 24 hours' notice if you are unable to attend your appointment so that we may re-book the time to other clients. It is with regret that it is now necessary to impose a 50% charge of the total treatment cost for missed appointments and cancellations with less than 24 hours' notice.

Call 01603 402741 for appointments

Appointments can be made by email, facebook messenger, or text on 07772888098, but will not be dealt with during working hours, for a quick response please call the salon on above number. All messages left on answer machine will be answered as soon as possible, so please don't hang up, leave your number slowly and clearly, thank you.